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# Tango Awareness



## Synopsis

Learning to dance tango. Looking and feeling great is only the beginning. Find out how some dancers learn faster and better than others. Understanding the solid principals of Tango Awareness will make your mind drift away into the comfort zone. Being yourself while you learn is easy. As you read and slowly drift, you gain the power of understanding your unconscious. Propel yourself to the future of faster learning. It is time to change to Tango Awareness. -Release who you are. -Express yourself through movement. -Open up to new possibilities. You are in the future, looking back at yourself... Tango Awareness was the best decision you ever made.

## Book Information

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## Customer Reviews

OK, the bad first. This book is terribly edited. It is full of typos -- egregious, conspicuous typos, like missing periods, and some really awkward phrasings. It isn't just the copy editing, though. The writing sometimes takes a sort of self-help infomercial tone that is both funny and painful: "You are in the future, looking back at yourself... Tango Awareness was the best decision you ever made." Give me a break! That said, you should \*definitely\* read this book if you dance tango, no matter your level. It's worth wading through the typos and the painful writing for the gems of insight and advice throughout the book -- advice that is spot-on. This isn't a book of steps or specific body techniques, but rather a way of thinking about dancing, about learning to dance. It nails down many things I'd half-discovered in the dance, but hadn't fully realized -- and it points out many things I'd never even thought of. His sections on the neurological basis of tango communication and on active following are each worth the price of the book alone. I'm giving the book -1 point for the shoddy copy editing

and -1 point for the occasional silliness of the writing -- but that's starting from a score of 5 for content. So forgive the silly bits, forgive the bad editing, and read this book. It's worth it.

I am a Tango Discovery Teacher and had the privilege of editing this book. If Mauricio's first two books, *Tango, the Structure of the Dance, Vols. 1 & 2*, are the "How" of Tango Discovery, *Tango Awareness* is more like the "Why." *Tango Awareness* is the core philosophy that Mauricio has brought to tango with the introduction of the Tango Discovery method. The roles of leader and follower are not that one is active and the other passive, although this was certainly true in the old ways of dancing tango. One active partner and one passive partner is not the best recipe for pleasure. With the introduction of Tango Discovery, Mauricio Castro brought the roles of leader and follower up to date with modern understanding of human communication and movement technologies. *Tango Awareness* is the interpersonal communication aspect of Tango Discovery. This book is a must read for Tango Discovery students. For anyone interested in tango, it is a refreshing perspective on the dance, its history and its future. Maybe the best way to summarize the book is to quote the author, "The focus of this book is the exercise of changing old beliefs as the basis for faster dance evolution." Ravi Khalsa, Tango Discovery Certified Master Teacher, [...]

Extremely well written by one of my favorite tango authors. It demystifies the dance from the regular tango stereotypes and gives new depth of understanding on how to learn this beautiful dance.

It is an excellent book. The history part of the book is a refreshing perspective, very different from the usual. Also the incorporation of new technical understandings is great.

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